

# TOUR DE FITNESS

Anytime Fitness Moosomin +  
Moosospin Studio  
have teamed up to bring you a

## 6-SESSION SPRING FITNESS CHALLENGE

designed to build strength, endurance, and mobility while connecting with our community!

### YOUR TOUR INCLUDES:

- 2 Spin Rides at Moosospin
- 2 Group Training Sessions at Anytime Fitness
- 2 Yoga / Mobility Sessions at either location

*Complete all 6 sessions to be eligible for prizes.*

### BONUSES INCLUDED:

- 2 FREE Evolt 360 Body Scans (\$55 value each)
- FREE protein smoothie after each spin ride

Prizes:

- Private Spin Party @ Moosospin
- Private Yoga Party or Solo Session
- Private Group or Personal Training @ AF
- Additional challenges and prizes!



### DETAILS:

- Compete solo or as a team
- All 6 sessions must be completed to win
- Full payment required before starting
- Challenge can be completed anytime April–May 2026
- Additional session times may open based on interest

**STOP BY ANYTIME FITNESS MOOSOMIN OR CALL  
306-ANYTIME TO SIGN UP!**