

THE WORLD-
Spectator

HAPPY
Valentine's
DAY

2026



Menu suggestions for a family Valentine's Day brunch

Valentine's Day can be celebrated in countless ways. In 2024, why not celebrate the weekend after February 14 with a delicious, themed family brunch? Here are a few inspiring ideas that'll make your tastebuds go wild.

THEMED DRINKS

Serve drinks with a pink or red hue to set the mood and stay on the theme. For example, rosé wine, sparkling apple juice with a few drops of grenadine or coffee and

hot chocolate with pink whipped cream. You can also treat your family to a strawberry smoothie or milkshake to perfectly complement the rest of the brunch.

FRUITS GALORE

No brunch is complete without a variety of fruits. From whole to pieces and salads to juices, fruits add an essential element to the menu. To keep with the Valentine's Day theme, serve a selection of red and pink fruits, like straw-

berries, raspberries, cherries, watermelon, pink grapefruit and pomegranate.

PROTEINS

Spice up your Valentine's Day brunch with eggs, bacon, cold cuts, pork pâté, salmon (smoked or gravlax), baked beans, cheese, yogurt and more. Don't forget to present them beautifully on red ceramic plates to add a touch of elegance.

BREADS AND SWEETS

Offer a selection of gourmet bread and sweets such as waffles, toast, croissants, pancakes, French toast, muffins and pastries. Present them on trays decorated with rose petals or red cinnamon hearts, accompanied by tasty jams, coulis' or jellies in shades of red or pink.

Visit your local grocery stores, bakeries, fruit stores and cheese shops to find all the products you need to make your brunch a success.



10 romantic activities for Valentine's Day

Are you looking for ideas for an unforgettable Valentine's Day? Whether you're a new couple or have been together for years, try one or several of these 10 activities to promote intimacy and togetherness.

1. Have a winter picnic in an enchanting setting, such as in the woods, a park by the water or the mountains.

2. Look back at photos of your wedding day or your first date and reminisce about how adorable you both were.

3. Cook the perfect meal together. Why not pour yourselves a glass of wine and enjoy some jazz music while you're at it?

4. See a rom-com at the movie theatre. Take the opportunity to share a bag of popcorn so your fingers brush against each other.

5. Discover a new restaurant that interests you. Make sure to book your table in advance.

6. Dance to your favourite tunes. Be sure to add a few slow songs to your playlist.



7. Create a work of art together, like a painting, a collage or a papier-mâché sculpture.

8. Ice skate hand in hand in an enchanting place. For example, in the evening by torchlight.

9. Play a naughty board game. Laughter and fun are guaranteed!

10. Treat yourself to a professional couple's photo session. Then, choose the best ones and hang them on your walls — or post them on social media.

Happy Valentine's Day!

Valentine's Day Specials

February 14th, 2025

Stuffed Chicken Oscar
\$110.00
Per Couple

Main Course

Starters

Bruschetta or Tapenade and Baguette

Or

Roast Beet Salad
Mixed greens with Roast Beet, Sunflower Shoots, Feta, Walnuts, Red Onions Topped with a Strawberry Vinaigrette

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Limited Plates Available

Valentine's WEEKEND FEATURES

AVAILABLE Friday, February 13th
Saturday, February 14th
Sunday, February 15th

BLACKENED CREOLE CHICKEN

Cajun-spiced blackened double breast topped with creole butter, served over garlic mashed potatoes with seasonal vegetables and pan jus.

Dessert Choice

White Chocolate Cinnamon Heart Creme Brûlée
Chocolate Mousse with Raspberry Coulée

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HAPPY Valentine's Day

VALENTINE'S DAY

Create your own treats for your partner — and the kids!

Buying delicious treats for Valentine's Day is sweet, but making your own homemade goodies is even better! This year, surprise your loved ones—children included—with homemade treats that are easy to make and sure to impress.

HOMEMADE JUJUBES

It may seem surprising, but making jujubes at home is simpler than you might think. Pour half a cup of fruit juice or puree into a small saucepan. Whisk in about 20 grams of powdered gelatin and let it sit for a few minutes.

Heat the mixture over medium heat until it becomes liquid. Then, add two tablespoons of sugar and a few drops of lemon juice. Bring the mixture to a boil once more and then quickly pour it into moulds with fun shapes like hearts or roses. Refrigerate the moulds until the jujubes have set. Once they're ready, pop them out and enjoy!



A YOGURT DELIGHT

In a large bowl, combine two cups of plain yogurt, three tablespoons of maple syrup and two tablespoons of lemon juice. Spread the mixture on a parchment-lined baking sheet. Sprinkle berries over top and place in the freezer for a few hours. Once firm, cut into pieces. That's it. You now have a guilt-free frozen treat!



Ideas for your Valentine's Day celebration

Want to add a touch of originality to your Valentine's Day festivities this year? Why not organize a themed evening? Here are three ideas to inspire you and delight your significant other.

1. MOVIE NIGHT

Grab some cushions, dim the lights and rearrange your living room into a private movie theatre. Print out a personalized showtime schedule and set up a snack bar in

the kitchen with popcorn and sweets. Now, enjoy a cozy night in together.

2. TASTING FOR TWO

Are you and your partner wine lovers? Create a homemade tasting menu or book a sommelier-led workshop. You can also try this experience with cheeses, chocolates, teas or whatever suits your tastes.



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FEBRUARY 14 & 15

Valentine's Day Special Menu

APPETIZER SPECIAL
Seafood Stuffed Mushrooms - \$16

MAIN COURSE
(All served with freshly baked bread, salad bar, choice of baked or mashed potatoes, and dessert)

Steak & lobster (preorder only)
(Northern Gold 8 oz New York, 5 oz lobster tail)

AAA 8 oz New York

Grilled chicken breast (6 oz)

DESSERT
(Included with meals)

Dessert plate with Cheesecake
Gingerbread cake and fresh fruits

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