



We salute the courage and dedication of health-care workers who continue to bravely serve our community during the pandemic. Your contributions are invaluable and we want to acknowledge them in a big way!

Caregivers in seniors' residences: Guardian angels of the elderly

In light of the recent coronavirus pandemic, it's important to highlight the exceptional contributions of orderlies who work in retirement homes and long-term care facilities. Here's how they're helping to protect society's most vulnerable people.

PROVIDING VERSATILE CARE

Orderlies are responsible for numerous tasks on a daily basis. In addition to assisting with basic hygiene and offering physical care to residents, they also monitor patients' blood pressure, heart rate and temperature. Furthermore, orderlies relay information to medical staff about changes in their patients' health and behaviour.

SHARING A VAST SKILL SET

The men and women who work as orderlies possess a remarkable collection of traits and skills including empathy, kindness and patience. The job requires them to be efficient, meticulous and organized in an often stressful work environment.



OFFERING REASSURANCE

To help prevent the spread of Covid-19, people across the country were prohibited for a period of time from visiting their loved ones in seniors' residences. Dur-

ing those unsettling times, millions of Canadians took comfort in the knowledge that orderlies were looking after the health and well-being of their friends, parents, grandparents and other relatives. These caring individuals offered support to those who were sad, anxious and alone.

These everyday superheroes play a key role in the health-care system. Long after the pandemic ends, their courage and dedication will be remembered.

Many thanks to the orderlies across the country.



Our support and heartfelt appreciation for all that you do!

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CELEBRATE NATIONAL NURSING WEEK



CUPE Licensed Practical Nurses and Continuing Care Assistants have been on the front lines since the start of the pandemic.

THANK YOU.



From the Moosomin & District Health Care Foundation, we want to thank all the health care professionals, cleaning staff and everyone for all the sacrifices they have made to keep people healthy and safe.



Moosomin & District Health Care Foundation



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Honouring Canada's nurses

National Nursing Week takes place this year from May 8 to 14. This annual event celebrates the invaluable contributions these essential workers make to the Canadian health-care system. Nurses provide care and support to patients and their families and are advocates for those in their charge. For these reasons, their efforts deserve to be recognized.

NURSING AT A GLANCE

Nursing requires a diverse skillset that includes personal attributes such as respect, empathy, tolerance and integrity. The job also demands a great deal of autonomy and continuous training. Among other things, nurses do the following:

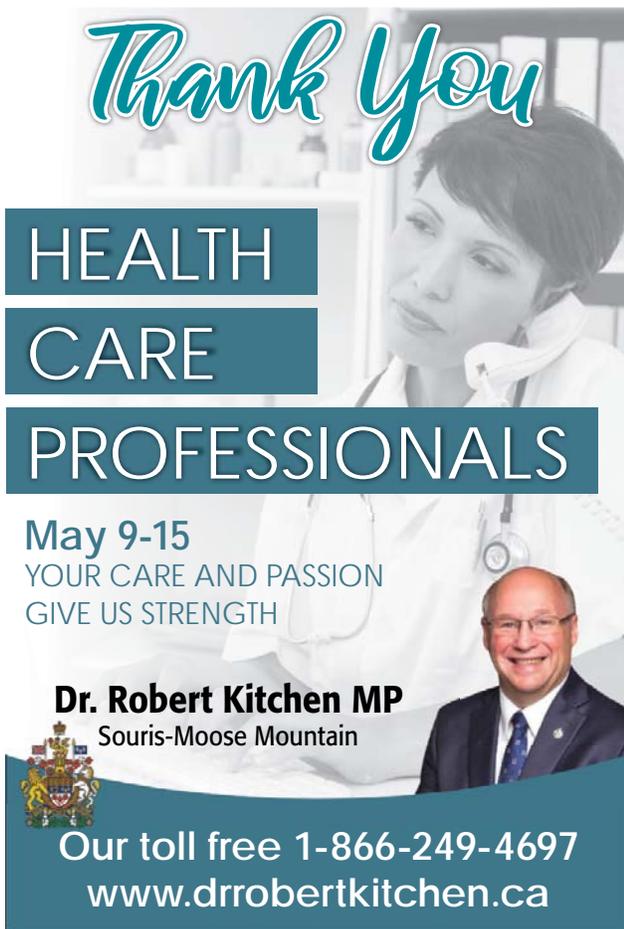
- Evaluate the physical and mental condition of their patients
- Develop a nursing treatment plan and ensure it's carried out
- Follow-up with patients who have complex health problems

- Administer and adjust prescription medications
- Provide palliative care

Members of the profession also collaborate with other health-care professionals to ensure quality services are provided.

In light of events over the last few years, nurses merit respect and recognition more than ever. This week, take a moment to thank the nurses you know for their care and contributions.

National Nursing Week is always held during the second week of May in honour of Florence Nightingale, whose birthday was May 12.

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Health care workers put patients' interests before their own

Why did millions of health care workers—doctors, nurses, emergency responders, aides, transport specialists, and more—risk their lives every day to care for people during a pandemic over the last few years?

Personal courage is part of the explanation. But there's more to it than that. What we saw was the professionalism of thousands of health care workers at work. The essence of their professionalism is that they put the interests of patients and the public before their own.

We take it for granted at our peril. Professionalism is ingrained during medical training, role-modeled by the senior clinicians who teach, and reinforced by powerful aphorisms inherited from legendary practitioners going back to Hippocrates. One was the eminent Boston physician Francis W. Peabody who, in 1927, famously wrote: "One of the essential qualities of the clinician is interest in humanity, for the secret of the care of the patient is in caring for the patient."

Professionalism also instills a commitment to peers who join together on the

frontlines of medicine. In this way, health professionals resemble soldiers who sacrifice for their comrades in the trenches. And like the military, they accept collective responsibility for their behavior.

A core tenet of professionalism is a commitment to professional self-governance. A well-functioning profession supervises itself, setting standards of practice that are based on science and evidence and ethical conduct. That is why society entrusts health care professionals with designing their own licensing exams, training curricula, and disciplinary proceedings. Responsibility to and for peers is another force driving clinicians into the fray.

A third essential dimension of professionalism is commitment to maintaining competence in a specialized area of expertise, in this case, the science that underlies clinical practice. It is not by chance that professional societies publish their own peer-reviewed scientific journals, or that publication in those journals conveys prestige and standing among colleagues. It should come as no surprise, then, that professionals bridle when lay leaders

broadcast assertions that fly in the face of existing evidence.

We should recognize that in times of crisis, professionalism reinforces the sense of duty, the courage, and even the heroism of millions of clinicians who feel its pull. We would certainly be worse off without it.

Protecting health care workers is a sign that society values and respects them for the professionalism they show every day.

Canadians deeply admire health care workers, and that admiration has justifiably grown during this crisis. But the public should realize that the professionalism that undergirds the behaviors they so admire is potentially fragile during tough times, and needs to be supported.




Thank You

Thanks to all the health care professionals in our province!

Your tireless commitment & dedication to your profession is appreciated!



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We salute the courage and dedication of health-care workers who continue to bravely serve our community during the pandemic. Your contributions are invaluable and we want to acknowledge them in a big way!

Physicians—committed professionals who serve our well-being

As professionals, physicians are committed to the health and well-being of individual patients and society through ethical practice, high personal standards of behavior, accountability to the profession and society, physician-led regulation, and maintenance of personal health.

Physicians serve an essential societal role as professionals

dedicated to the health and care of others. Their work requires mastery of the art, science, and practice of medicine.

A physician's professional identity is central to this role. The professional role reflects contemporary society's expectations of physicians, which include clinical competence, a commitment to ongoing professional development, promotion of the public good, adherence to ethical standards, and values such as integrity, honesty, altruism, humility, respect for diversity, and transparency with respect to potential

conflicts of interest.

It is also recognized that, to provide optimal patient care, physicians must take responsibility for their own health and well-being and that of their colleagues.

Professionalism is the basis of the implicit contract between society and the medical profession, granting the privilege of physician-led regulation with the understanding that physicians are accountable to those served, to society, to their profession, and to themselves.



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Canada's long list of crucial health care providers

The National Occupational Classification (NOC) database is a resource for learning more about careers in Canada, including health careers, and contains information on job titles, main duties and employment requirements. Below are some examples of health professions captured by the National Occupational Classification.

- Audiologists
- Chiropractors

- Dental Hygienists
- Dentists
- Dietitians
- General Practitioners and Family Physicians
- Health Aides
- Health Information Management Professionals
- Home Care Workers
- Licensed Practical Nurses

- Medical Laboratory Technologists
- Medical Physicists
- Medical Radiation Technologists
- Midwives
- Nurse Practitioners
- Occupational Therapists
- Optometrists
- Paramedics
- Pharmacists
- Physiotherapists

- Psychologists
- Registered Nurses
- Registered Psychiatric Nurses
- Respiratory Therapists
- Social Workers
- Speech-Language Pathologists

Having the right supply of qualified health care providers entering the health care workforce is essential for access by Canadians to quality healthcare.



Thank you for the incredible work you do keeping our communities healthy

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We salute the courage and dedication of health-care workers who continue to bravely serve our community during the pandemic. Your contributions are invaluable and we want to acknowledge them in a big way!

How should we thank our health care providers?

There are different ways you can thank the person or persons who regularly tend to your health and the health of your family. That could be a medical doctor, dentist, chiropractor, nurse practitioner, physician assistant, or a combination of these clinicians!

OB/GYNs traditionally have a brag wall of baby, toddler and teen photos that show how the babies they delivered are growing and changing. This gives the doctors who were there for a person's first breath a chance to see the results of their handiwork. Maybe swing by and share a picture—or bring the actual child or teen into the office and really surprise them!

Emergency physicians and other critical care providers also appreciate when patients and their families come back to show them how well they are doing after having survived a trauma or serious illness. If an in-person thank you is not feasible, a current photo and a note of thanks can also go a long way to boosting the doctor's spirits and encouraging them to continue their life-saving work.

And feel free to get specific! For providers who've seen you through something important like a knee replacement, cancer treatment, and broken bones—try a picture of you enjoying an activity that would have been impossible if it weren't for their medical intervention.



Maybe a picture of you on a Hip Replacement Hike or doing a Cancer Survivor's Cha Cha. Show and tell the doctor how their skilled medical treatment has changed your life for the better.

And there's something in it for you, too.

There's also a practical and somewhat selfish reason to thank your caregiver! You want them to know you as a person as well as a patient. Our physical wellness is in-

tertwined with our social and mental status, so we want our doctors to understand it all. By thanking them for their care, you stand out and become even more memorable to them. You are even more of an individual and less of a patient.

So this year take a moment to send your health care provider a note of thanks and maybe a picture that highlights how your life is better because of their dedication to your health.



Thank you to all the wonderful health care workers who serve our local communities!

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6. Have you noticed that everyday sounds, like the tweeting of birds, foot steps or the clock ticking, are gone?

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Nursing one of the most trusted professions in Canada

Nurses champion and promote the health of Canadians coast to coast. As health-care specialists, they are ideally positioned to be the best role models, educators and advocates of healthy living, safety and wellness in Canada. Trust, therefore, plays an important role in the relationship between nurses and the communities they serve; and according to statistics, these caring professionals are doing a stellar job!

Nursing is one of the most trusted professions in Canada with most Canadians rating nurses' honesty and ethical standards as very high. What better way to thank them for their trusted service than by paying them homage this National Nurses Week? Celebrated annually from May 8 to 14, this weeklong observance honors nurses for their dedication to advancing the quality of care in Canada.

Whether they are at the bedside of

an ailing patient, in the ER or in the boardroom, nurses play a vital role in the health-care system. Some of their responsibilities include:

- Physical exams and preliminary diagnoses
- Health promotion, counseling and education
- Prevention of illness and injury
- Direct and supervised care of wounds and other personalized interventions
- Research toward improved practices and patient outcomes

This National Nurses Week, join the country in thanking these caregivers (all 3.6 million of them) for the role they play in meeting the health-care needs of Canadians in hospitals, nursing homes, community health centers, schools and even correctional facilities.



Nurses represent a trusted voice on health-related issues in Canada.



Thank You!

Thank you for your commitment and caring for our communities.

We are lucky to have you.



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Thank you so much for being on the front lines during this difficult time. You are all truly amazing and we are all incredibly thankful for all that you do!

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Thank you health care workers!



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Health care providers: Our communities need them

Health care workers are trained to manage intensity in their everyday work while supporting patients who are experiencing serious illness and high-stress situations. However, the Covid-19 pandemic highlighted unprecedented challenges and pressures for health care workers—from traumatic experiences related to the virus and its uncertainty, to challenges with patient care, to worries about keeping oneself and one's family safe, to managing increased workload and isolation from limited social contact due to virus exposure.

Despite all that, health care workers fought to remain strong and resilient for their patients, families, friends and communities, and they continue to do so day in and day out.

Every community relies on its health care providers to a great degree. Without a strong base of health care professionals providing regular care, a community can not



be viable. Not only do health care providers provide critical services that are detrimental to the health and well-being to a community, but they improve the quality of life for those living in those communities.

To all the health care workers out there who work tirelessly to keep us safe, and so often put others' needs before their own: we see you and we appreciate you. Thanks for all that you do!

Thank you to the dedicated health care professionals who work tirelessly to serve their patients and keep the people of Saskatchewan healthy and well.

Your services are invaluable and appreciated.

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**We thank you for your service!
The hard work you do does not go
unnoticed. Thank you for everything.**



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Nursing: a career filled with opportunity and reward!

Nurses are the backbone of our health-care system. According to the Canadian Institute for Health Information, they account for almost half of the country's medical workforce, with more than 410,000 registered nurses nationwide. Every year, National Nursing Week (taking place from May 8 to 14, 2017) celebrates these professionals for their dedication and commitment to the health of all Canadians.

Are you interested in a rewarding career that offers endless opportunity for professional growth? Here's why you should consider nursing!



WHAT DO NURSES DO?

Nurses work in a variety of areas, including direct and preventative care, research, education and administration. They administer treatment to patients in large hospitals as well as in small neighbourhood

clinics. They educate families in northern, rural, ur-

ban and ethnic communities on healthy child rearing practices. They participate in the administration of hospitals to ensure optimal care for all patients. They review cases, test hypotheses and make recommendations for more positive health outcomes. Ultimately, nurses are leaders in the healthcare field, paving the way for countless lifetimes of good health.

WHERE DO NURSES WORK?

Between community health clinics, schools, rehabilitation centres, doctors' offices and public hospitals, registered nurses provide their valuable knowledge and support in a variety of practice settings. Without them, Canada's ERs, ORs and ICUs would struggle to provide lifesaving care. But beyond helping patients achieve a full recovery, nurses bring relief from injury and illness by adding a human touch to the health-care experience.

Whether you enjoy working with children, manipulating high-tech equipment or developing your management skills, a bright future awaits when you choose a career in nursing!




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